

Kapiti Coast / Levin – Agencies & Services

Issue:	Agency	Service	Contact Details
Housing	Work and Income	Emergency Housing	Contact Work and Income on 0800 559 009 or Senior Services on 0800 552 002 if you get NZ Super or Veteran's Pension
Food Bank Services	Foodbanks	Foodbanks by region	https://www.foodbank.co.nz/foodbanks
	Otaki Foodbank	Food assistance	Otaki Foodbank 43A Main Street, Otaki Ph: 06 364 0051
	Salvation Army Levin	Food assistance	Salvation Army Levin 11 Durham Street, Levin Ph: 06 368 8177
	The Salvation Army Kapiti Corps	Food assistance	The Salvation Army Kapiti Corps Address: Paraparaumu Beach, Paraparaumu 5032 Phone: 04-297 1436
	SVDP Foodbank in Levin	Food assistance	Ph 06 368 3034 and leave a message with name, address, contact number & number of people in household . This line is cleared at 5pm. Food parcels delivered next morning.
	Paraparaumu Foodbank	Food assistance	92 - 94 Kapiti Rd Paraparaumu Ph: 04 298 1907
	Waikanae Foodbank	Food assistance	Waikanae Foodbank Cnr Elizabeth & Pehi Kupa Street, Waikanae Ph: 04 904 3018
Finances / Benefits	Work and Income	Benefits	General enquires under 65 - 0800 559 009 NZ Superannuation - 0800 552 002 Supergold Card - 0800 25 45 65 Veteran's - 0800 650 656

Legal Advice / Support	Community Law	Free legal assistance and advice	8 Bath Street Levin Ring (06) 368 3554 or email comlaw.horowhenua@xtra.co.nz
Mental Health	CAMHS	Child and Adolescent Mental Health Service	Kāpiti CAMHS Kāpiti Health Centre, Warrimoo Street, Paraparaumu 04 903 0260 04 903 0262
Adult Mental Health	Horowhenua Community Mental Health Services	Adult mental health service	Horowhenua Health Centre 62 Liverpool Street, Levin Phone (06) 366 0047 After hours Mental Health Help Line: 0800 653 357
	Kāpiti Community Mental Health Team	Adult mental health service	Kāpiti Health Centre, Warrimoo Street, Paraparaumu 04 9030260 04 9030262
Health service	Hora Te Pai Health Services	Health service	Address: Kapiti Health Centre 35 Warrimoo Street, Paraparaumu 5032 Phone: 04-902 7095
	Raukawa Whānau Ora	The Community Health centre in Levin	Address: 3 Keepa Street, Horowhenua, Levin 5510 Phone: 06-368 8678
	Suicide Crisis Helpline	24/7 Helpline	Telephone: 0508 828865
	Lifeline	24-hour Telephone Crisis Support	Telephone: 0800 543354
	Depression Helpline	24/7 Helpline	Telephone: 0800 111757 or free text to 4202
	Anxiety NZ	Helpline	Free 24/7 Helpline 0800 269 4389 (0800 ANXIETY) https://www.anxiety.org.nz/

	1737	Telephone support 24/7	Call or text 1737 for free, 24 hours a day to speak to a trained counsellor.
	Samaritans	Telephone support	Ph 0800 726 666
Parenting Support	Plunket Nurse	Support and advice	PlunketLine team on 0800 933 922. https://www.plunket.org.nz/
	Birthright	Support for single parent families	Free call your local Birthright on <u>0800 457 146</u> . https://www.birthright.org.nz/about-us <u>Kapiti</u> Birthright Kapiti 17 Ihakara St, Paraparaumu 5032 P.O. Box 422, Paraparaumu 5254 Phone: (04) 904 0659 Email: birthrightkapiti@outlook.com <u>Otaki</u> Birthright Ōtaki For services in the Ōtaki area, please contact Birthright Levin. Birthright Ōtaki Opportunity Shop 23 Matene Street, Ōtaki 5512 <u>Levin</u> Birthright Levin Te Runanga O Raukawa Building, 3 Keepa St, Levin 5510 P.O. Box 474, Levin 5540 Phone: (027) 804 2749 Email: birthrightlvn@xtra.co.nz
	Parent Help	Online support and helpline	Free Parenting Helpline: 0800 568 856 Online counselling via Zoom: (04) 802 5767 https://www.parenthelp.org.nz/request-for-counselling/

Social Services	Catholic Social Services	Social services operating remotely	https://wn-catholic-social-services.org.nz/ Address: Compassion Centre Soup Kitchen, 132 Tory St, Wellington Email: reception@wn-catholic-social-services.org.nz Telephone: 04 385 8642 or Phone/text 027 40 55 469
	Stand Children's Services	Social services	Address: 3/202 Kapiti Road, Paraparaumu 5032 Phone: 06-364 8069
Education	Ministry of Education		Director of Education for Wellington: Roy Sye Email: enquiries.lowerhutt@education.govt.nz
Youth Support	Kids Line	Youth Service up to 18 years old	Ph 0800 54 37 54
	Youthline	Youth Service	Txt 234 Ph 0800 726 666 https://www.youthline.co.nz/
	Live Life to the Max	Youth Service	12a Exeter Street, Levin 5510 (behind Harcourts, across from Countdown) Phone 06 368 8005 Email: tracey@lstm.org.nz tracey@lstm.org.nz
	Kapiti Youth Support	Youth Service	KYS OTAKI 14 Matene Street, Otaki. Ph 06-364 7305 KYS PARAPARAUMU 15 Tutaneikai Street, Paraparaumu. Ph 04-905 9597 https://kys.co.nz/
Counselling	Skylight	Counselling and support (online support only at this time)	Resilience Hub: https://www.skylight.org.nz Counselling: Email counselling@skylight.org.nz Resource Centre: resources@skylight.org.nz For further enquiries or queries please email MoHCoordinator@skylight.org.nz Parenting through Separation: Enquires on MoJCoordinator@skylight.org.nz

Refugee Support	Red Cross	Support for refugee families	Levin Red Cross (06) 920 2060 524 Queens Street East, Horowhenua, Levin, 5510 New Zealand Red Cross - 0800 733 276
Child Welfare / Child Protection concerns	Oranga Tamariki	Child protection	If you believe a child is in immediate danger, call the Police on 111. REPORTING A CONCERN If you're worried about a child and want to make a referral or report of concern, call OT on freephone: 0508 326 459 or email contact@ot.govt.nz
Family Violence / Women's Refuge	Women's Refuge Crisisline	Crisisline	If you're a woman in a family violence situation, call the Women's Refuge free Crisisline on 0800 733 843 (0800 REFUGE).
	Women's Refuge	Find a Women's Refuge near you	Contact Details Address: 534 Queen St, Levin, 5510 Phone Number: (06) 368 3640 Crisisline: 0800 REFUGE (0800 733 843) Email: kylie@pnwomensrefuge.org.nz Website: www.womensrefuge.org.nz
	Kapiti Women's Centre	Women's centre	hone 04 902 6222 · Fax 04 902 6223 · 7 Ngahina Street, Paraparaumu 5032 http://www.kapitiwomenscentre.org.nz/
	SHINE	Abuse helpline	Confidential family abuse helpline - 0508 744 633
	It's not OK	Family Violence helpline	0800 456 450

	Victim Support	Support for victims	National Office: (04) 474 8862 Get Help: 0800 victim – (0800 842 846)
Drug and addiction	Drug Helpline	24/7 Helpline	Telephone: 0800 787797
Sexual abuse	Wellington Sexual Abuse HELP	Helpline	How to Access: Call (04) 801 6655 and dial 0, 24-hours Wellington Office: (04) 801 6655 Porirua Office: (04) 801 6655
	Abuse Rape Crisis Support (ARCS) Manawatu	Rape crisis support / social services	58 Bath Street, Levin MidCentral PHONE: (06) 368 8348 FAX: (06) 356 5867 EMAIL: admin@arcsmanawatu.org.nz WEBSITE: www.arcsmanawatu.org.nz
	Mosaic-Tiaki Tangata	Male sexual abuse agency & Counselling for Everyone	Counselling for Everyone on phone or video: 0800 94 22 94 (available from 4/5/20) Confidential Listening Service Line: 022 419 3416 (call or text us) Email: enquiries@mosaic-wgtn.org.nz Facebook: https://www.facebook.com/mosaicwgtn/
Support for Elder Community	Age Concern	Support	Age Concern Kapiti Postal address: P O Box 217, Paraparaumu 5254 Physical address: Community Services, First Floor, Coastlands Shopping Town, Paraparaumu 5032 Telephone: 04 298 8879 Email: admin@ageconcernkapiti.co.nz Age concern Levin Postal and physical address: 538 Queen Street East, Levin 5510 Telephone: 06 367 2181 Email: admin@ageconcernhorowhenua.co.nz

	Senior Services Department of social services in Paraparaumu	Senior Services	Address: Rimu Road, Ground Floor, Coastlands Shopping Mall, Paraparaumu 5032 Phone: 0800 552 002
COVID-19 Information / Support	Government	Online support/advise	www.covid19.govt.nz If you suspect you have Coronavirus, please contact the dedicated Healthline number 0800 358 5453 (available 24 hours, 7 days a week)
Interpreting Services	Interpreting New Zealand	Three way and video calls	https://interpret.org.nz/ 04 384 2849 Email: info@interpret.org.nz