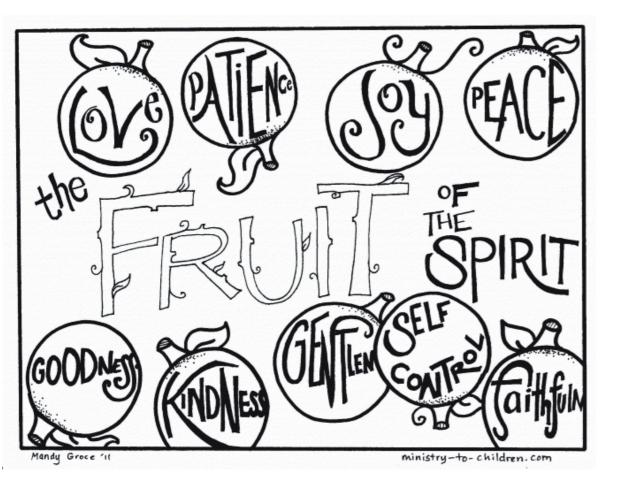
THE HOLY SPIRIT IN YOU

Which of the "fruit" can you see in yourself? How do you show this fruit to others? When? Why?

Which of the "fruits" are difficult for you?







Think about the wind. Think about how we know it is there. Take a balloon - Don't blow it up yet! Think about it - and write some words to describe what the balloon is like

Now blow it up, try to keep it in the air for 1 minute! Think about your balloon again and write some words to describe what it is like now.

God's Spirit is a little like the air in the balloon. We can't see the air but we can see how it fills the balloon and gives it energy to float in the room. God's spirit is like that, it fills us up and gives us energy to be the best people we can be.

We can't see the Holy Spirit but we can see the Spirit in action in people. We call the good qualities we see in ourselves and in others...



THE FROITS OF THE HOLY SPIRIT

2000

Just like a good fruit tree produces good fruit... A person who responds to God will also produce "fruit" (good results)



In each of the apples write one of the fruits of the Holy Spirit and an occasion when you need to put this fruit into practice.

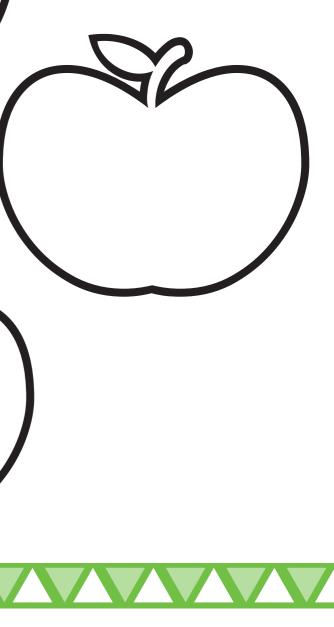
But the spirit produces love, joy, peace, patience, kindness, goodness, faithfulness, humility, and self-control. There is no ζ law against such things as these. The Spirit has given us life and must also control our lives.

St Paul's Letter to the Galatians 5:22-26



Think of three people you know and the fruits of the Spirit you see in their lives.

Draw and write about them here ...



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