

Confirmation
Lesson 4

Name _____

OUR HEROES

Many ordinary people have lived extraordinary lives.

Their stories have made them "heroes" to the Church.

We call them Saints.

You may have heard about some Saints at school or at home, or you may have read or seen movies about them.

What do you know about Saints?

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Are there schools or churches near you which are named after Saints? What are their names? What was special about them?

Name:

Special things about them

Saint

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Saint

.....

Saint.....

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The Saint I have chosen for my Confirmation name (and to be my 'hero') is...

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I chose this Saint because:

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Find a picture to print off or cut out of your saint, or draw a picture of them.

CHOOSING A SPONSOR

We also need to ask someone to be our sponsor for Confirmation.

This person is a Catholic adult who will pray for us and be a good example for us in the way they live their life.

It would be great if your Godparent could also be your sponsor for Confirmation. This isn't always possible though so choose another special person to be there for you on your Confirmation day.

MY SPONSOR'S NAME IS

.....

MY SPECIAL HERO

When we are baptised we are often given a Saint's name either as our first or a middle name. This is an ancient tradition in the church. This Saint then becomes our own personal 'hero' - a role model to guide and support us through life.



Preparing for your Confirmation is a great time to learn more about Saints. We again choose a Saint to be our role model.

We could use the same name we were given at our Baptism. If you were given a Saint's name at your Baptism - do some research now and find out



everything you can about this Saint. Ask your parent why they chose this name for you.

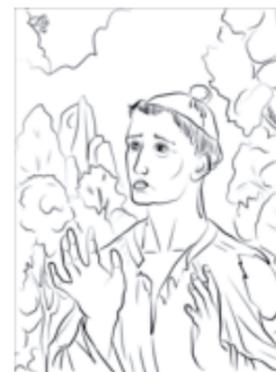


Does the story of his or her life inspire you now? Would he or she make a good role model for you?

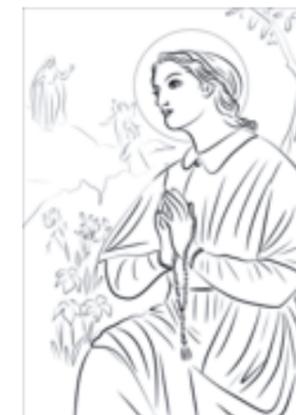
Or you might like to choose another Saint to learn about and who can become a role model for you.



Something else to try - Is there a Saint whose feast day is celebrated on your birthday?



There is a special Saint for just about everything - (we call them Patron Saints) You could try searching online for a particular Saint that might mean something special to you - e.g. the patron Saint of families, or brothers or sisters, or schools, or sports, or music or dancing, or the country



you were born in, or the patron Saint of courage or learning, or pets or the environment... there are over 10,000 Saints to choose from!!

Choose 1 or 2 Saints who seem the most interesting to you - See if you can find a picture - and write what you have found out about them here...